GAINFRAME / FIELD NOTES

Read your Fit3D scan report

An independent reading guide. The labels and order in your report can vary.

01

Capture system

Record ProScanner or SNAP and the scan date. SNAP requires a weight input. Ask which scale supplied it. The platform and tablet workflows differ.

02

Surface and circumferences

Choose one labeled landmark, such as waist. Keep the same unit and check the avatar where available. Clothing and positioning can change the outline.

03

Body composition estimate

Read body fat percentage separately from the circumference. The software models composition from scan inputs. Record an update or change of device.

04

Comparison

Pair the same field, unit and system across visits. Ask the facility about an odd outline or landmark before interpreting a large single change.

Make one comparable record

System and facility

Field and unit

First date and value

Repeat date and value

Pose, clothing, software or other differences